



*mylife*  
FOUNDATION

Lets' create, meaning for life

Annual Report 2019-2020



# DIRECTOR'S NOTE



*Dear Friends,*

*It is a great honor and pride to share the Annual Report 2019-2020. This report is a collection of our most significant accomplishments and goals. We take a pride to share our most special stories and happenings.*

*MY LIFE FOUNDATION has adopted two new schools this session . School adoption and teachers' training are most powerful programmes at My Life. We have been fortunate to touch the lives of children and adults through our direct work and through partnerships. However, these years have not been merely about numbers, these have been about touching lives and being left with profound learnings. As a part of a massive organization-wide effort to use data more effectively to inform our decisions, we wanted to share with you all the numbers that have had meaning for us this year, as well as the stories that lie behind each one.*

*We feel heartened and grateful to all our Members, Advisors, Donors, Partners, Volunteers and Well-wishers for holding hands on this journey every step of the way to collectively work together.*

*Thank you all for your continued support on our journey.*

**Bhavna Sharma**



# ABOUT *mylife* FOUNDATION

**My Life Foundation**, a non profit organization registered under Societies Registration ACT 21 of 1860 having registration no. 1174/1996-97 and also registered under 12A & 80G of Indian Income Tax Act.

**The role of My LIFE** is to shield vulnerable, develop relationships and where possible help the needy. The holistic focus of the work is universal, but the priorities of work practice will vary from place to place and from time to time depending on need and conditions. Our volunteers work as part of multi-disciplinary teams with other professions such as education, health and environment services.

**My Life Foundation** aims be a change of lifestyle that every person, every community, every organization and nations adapts to and work in lock step to sustain a better future. Therefore, MY LIFE FOUNDATION must be on going to truly be sustainable.

The main objectives of MLF is to promote the welfare of people in need due to poverty, disease or social injustice in addition to bring about a positive change in the social structure of the society for a better tomorrow.





# WE AIM TO

MLF seeks to attain the same through different channels such as:

- Expand early childhood care and education
- Provide free and compulsory primary education for all
- Improve the quality of education
- Promote education for all
- Promote learning and life skills for young people and adults
- Increase adult literacy
- Achieve gender parity
- Promote gender equality and empower women
- Reduce child mortality
- Improve maternal health Providing medicines, special diets and expert services from
  - Doctors/Specialists
  - Combat HIV/AIDS,T.B malaria and other diseases
  - Ensure environmental sustainability
  - Develop a global partnership for development



# VISION

We envision a world culture grounded in love, embodying compassion, honesty, self-responsibility, delight in diversity, cooperation, serving and honouring of all living things. We aim to leave a sustainable world for generations to come.

# MISSION

To strength and create meaning for life of individuals, families, communities and world.





*Our Values* drive our vision and mission.

*Our core values commitment is the foundation of  
all that we do to serve as a Foundation.*



# OUR VALUES

## RESPONSIBILITY

We consider RESPONSIBILITY as the most important and essential agreement. We are responsible and responsive to communities and environments in which we work. As an individual or group we take responsibility as the source of power and integrity, the power to influence situation and the integrity to do so in alignment with your values.

## INTEGRITY

We believe integrity is the foundation of our individual and collective actions. We uphold the highest standards of integrity in all of our actions by being honest and demonstrating a considered sense of fairness. We honor our commitment and act with responsibility in all our relationships. We are committed to honesty, accountability, and transparency in all our endeavors.

## INCLUSIVENESS

We respect people, value diversity and are committed to equality. We embrace diversity, inclusion, and equity in deep and transformative ways. We believe in the equal value, respect, and honour of every human being. We promote gender equity and dignity for human rights of everyone. We will work with others to help the worlds needy; regardless of race, gender or belief, age, creed or nationality, color, political affiliation.

## ACCOUNTABILITY

We are accountable for our actions and decisions, primarily to the community we serve, to staff and volunteers, members, partner organizations, and the society by large.

## TRANSFORMATION

We are committed to bring a positive change for a better life of individuals and communities. We strive to change agents and help to create a meaning for life.



# WE AS A TEAM

**Dr. Dinesh Chandra Sharma,** Founder and Chairman



"I am blessed to get an opportunity by GOD to take the lead for MY LIFE FOUNDATION. I think these kind of initiatives are very essential to create meaning for life. We aim to work on various issues related to Education, Health, Hygiene, Environment and Skill Development. We are responsible for the world in which we find ourselves, if only because we are the only sentient force which can change it. The truth of the matter is that we can create a great legacy, and inspire others, by giving it to philanthropic organizations. We at My Life Foundation have always respected those who tried to change the world for the better, rather than just complain about it. We will always pay gratitude to each individual who extends the hand for noble cause. I specially thank my team for the contribution to the society. Life engenders life. Energy creates energy. It is by spending oneself that one becomes rich."







**Bhavna Sharma**, Founder Director and Co-ordinator

At My Life Foundation we aim to develop the culture to GIVE. Culture is basically human-made part of human environment, the sum total of knowledge, beliefs, arts, morals, laws, customs, and any other capabilities and habits acquired by humans as members of society. These kind of social actions draws on theories of human development and behaviour and social systems to analyse complex situations and to facilitate individual, families ,communities organisations and also bring social and cultural changes. I picture a community serving for humanity all the time. Things should be ongoing, may be little steps are taken gradually to create meaning for life.

## Our Team.....

MY LIFE FOUNDATION is greatly honoured and privileged to have such a diverse and dedicated members as a team to empower the world around.

- |                          |                       |                     |
|--------------------------|-----------------------|---------------------|
| ● Mrs. Sudha Vimal       | ● Ms. Chahat Sharma   | ● Mr. Pawan Pal     |
| ● Mrs. Swati Gupta       | ● Mrs. Usha Sharma    | ● Ms. Nahid         |
| ● Mrs. Shivani Chaudhary | ● Mr. Surjeet Kandari | ● Mr. Ankur         |
| ● Mr. Vikrant Yadav      | ● Mr. Sandeep Sharma  | ● Mr. Satish Kumar  |
| ● Mr. Mohit              | ● Mr. Arun Kumar      | ● Mr. Anil Kumar    |
| ● Mr. Deepak Sharma      | ● Mr. Sunil Kumar     | ● Mr. Rakesh Sharma |



# The Power of

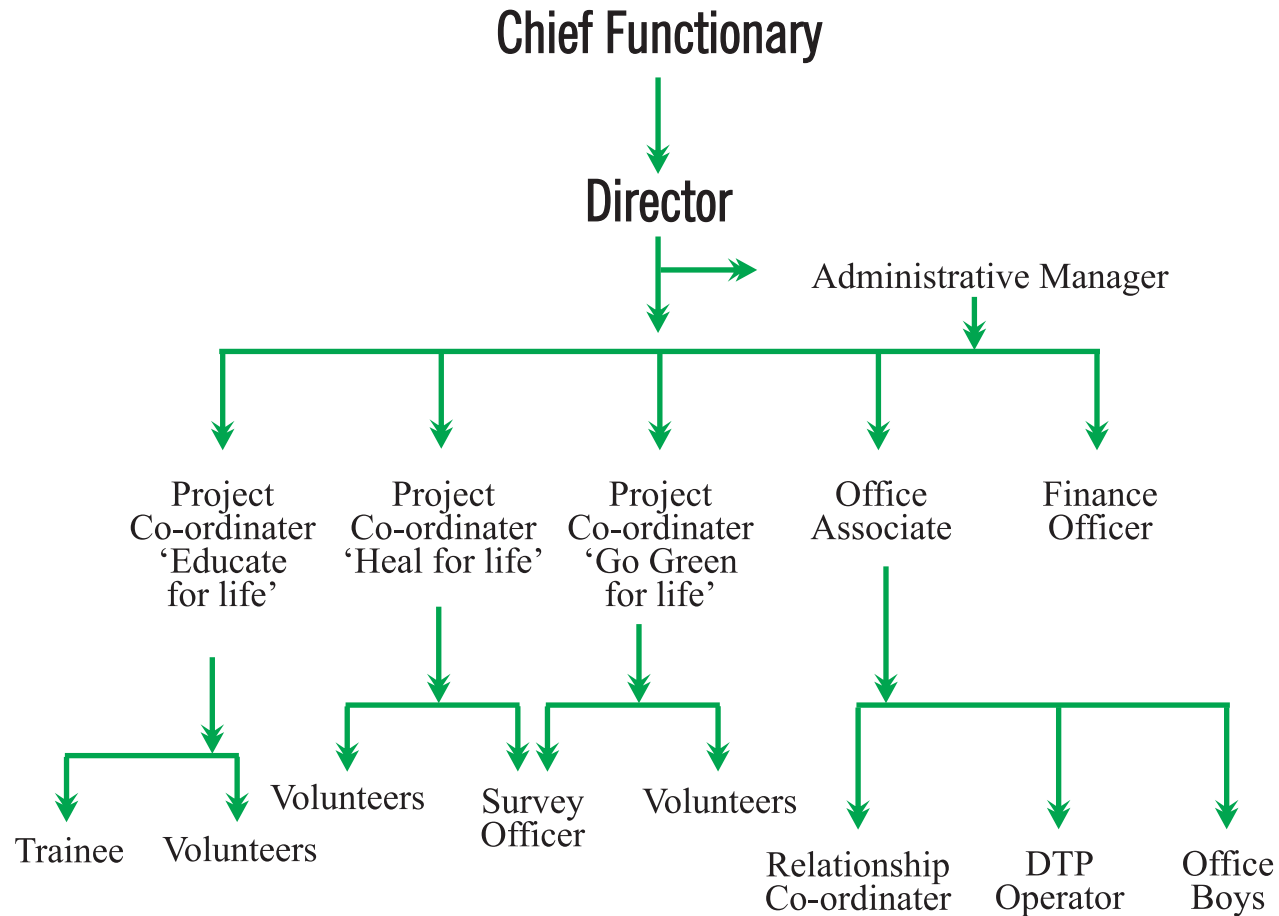
## TEAM WORK

*"If you want to lift yourself up,  
lift up someone else"*

—Booker T. Washington



# ORGANISATIONAL FLOW





JOURNEY  
OF  
THE  
YEAR  
2019-20



# BOOK REVIEW







# BOOK DRIVE

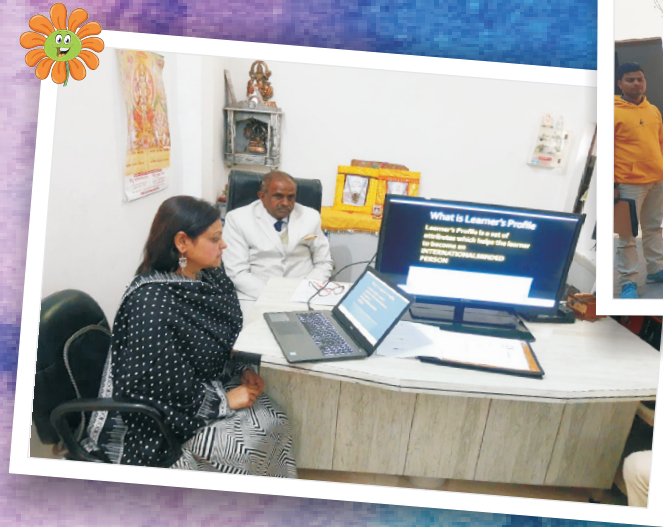
Sharing Knowledge, Promoting Education

**Our Objective** to conduct these book drives is to increase reading interest , promote education and support schools.

**Target Group** The target group of the drives are students studying in schools, coaching and colleges. Stationary kits and books kit are also supplied to underprivileged students of adopted schools by MY LIFE.

**Assessment** of free Book Distribution is as per medium of instruction, need and demands of schools and coaching. Total 10,0000 + textbooks have been distributed free to the students of schools, coaching and colleges. We are thankful to our partners and volunteers for all the support.





# TEACHERS TRAINING

Teaching and Learning Platform

At MY LIFE teacher training is constantly evolving. Professional Development is the need of the hour and continuous teacher training/enhancement is necessary for teachers to equip themselves & cater seamlessly to the learners. The reason why continuing teacher training is so important for educational excellence is simple: teachers need to be given regular training opportunities in order to stay at the top of their game. Even the best teachers will begin to lag behind if they don't continue to strive for excellence.

MY LIFE makes an effort to train teachers as per the need of the faculty. Scrutinising regularly how teacher training sessions operate leads to the reframing and redesign of various aspects of the training programme always with the intention to make them more effective and improving the experience of both trainees and trainers alike. Even during initial training, we continue to monitor, update and improve the programme.





# SUMMER CAMP

Thrill Overloaded...

My Life believes in sharing happiness. We every year make a point to conduct summer camp in village schools for a week. Students participation and teachers support encourage us to introduce new engagements during summer camps. The event is full of joy and happiness. This session we conducted summer camp in seven schools. Students from near by schools also joint us as volunteers and participants. Space and volunteer teachers are provided by school ,we are thankful to the school stake holders for all the wise cooperation. Trainers ,material and certificate is provided by MY LIFE. With all the enthusiasm we all beat the heat of summer.





# CHILD SPONSORSHIP

Educate for life...

Our unique, exclusively one-to-one sponsorship program gives the chance to share and better an impoverished child's life. Sponsoring a child is a personal way to support child belonging to most back ward communities by providing necessary school items for his or her education. Education is often an unaffordable luxury for children living in poverty, and a lack of education creates a lack of options. It makes finding future work difficult, and it makes children vulnerable to exploitation.

We provide resources for children to complete their education. In some cases, the cost of school fees, clothing and supplies are provided. In other cases, it means providing tutoring, mentorship and, if necessary, participation in a literacy program outside the classroom.

We support and provide education to more than 350 students. We are thankful to our sponsors. They are the shadow parents to our children .By sponsoring one child, and helping provide education, you are helping communities as a whole develop.





# SCHOOL ADOPTION

Nurturing Minds...

Adoption is about creating a long-term meaningful partnership which provides schools with vital educational resources, empowers school and community partners to sustain and build on your investment.

My life foundation not only impacts on the lives and development of the learners in adopted schools but also on the quality of education and the sustainability of the school for long term. We aim to have a long partnership with the school in order to foster a caring relationship.

MY LIFE has adopted 2schools in past session . Neta ji kindergarten school (Meerut) and D.M.G. Inter College (Meerut)

## We support

- |                                 |                          |                           |                                |
|---------------------------------|--------------------------|---------------------------|--------------------------------|
| ⌄ Teaching and learning process | ⌄ Teacher's training/FDP | ⌄ Personality development | ⌄ Health and hygiene awareness |
| ⌄ Summer camps                  | ⌄ Vocational Classes     | ⌄ Educational Olympiads   | ⌄ Skill development programs   |
| ⌄ Infrastructure                |                          |                           |                                |





## Reflections.....

### • My Weakness

Emotional, quickly upset on any situation, gain stress quickly, adapt stress for human beings.

### • My Strength

Honest, Truthful, Kind, Happy lifestyle, Believes, doing happy & gain maximum peace gain comfort zone.

### • What I have learnt today

- leave negativity from our soul, mind.
- Handle different peoples with his own attitude and take not suggest about them
- What one thing I would like to change in me more confidential, more positivity,

School Name: Adarsh Inter College Contact no. \_\_\_\_\_ E-mail ID: \_\_\_\_\_

Name: Anjali Sharma Designation: \_\_\_\_\_

Teacher's Reflections  
after workshop



## ADARSH INTER COLLEGE

Sarnoli Salompur, Daurala, Meerut-250 221 (UP)  
E-mail: abvmeor@gmail.com

Mob: 9837320067  
Mob: 9812092456

Ref No: \_\_\_\_\_

Certificate

Dated: \_\_\_\_\_

Certify that My life Foundation organized different competition, teacher training & Books distribution in this school. Their performance was better and useful for school.

School will be thankful of My life Foundation.

प्रमाणित  
आदर्श इंटर कॉलेज  
वर्कशॉप कोटनपुर (उ.प्र.)

Acknowledgement letter



## Reflections.....

### • My Weakness

मेरी weakness में जब बच्चे को समझाती हूँ और वो नहीं समझ पाते तो सबसे बड़ी weakness यही है कि हमने अच्छे से बताया उनको समझाया और कुछ students नहीं समझ पाये तो हमारी ही कुछ कमी है हमें अपनी उस कमी को कैसे दूर करना कैसे उन्हें समझाएं।

### • My Strength

मैं किसी किसी को देख में नहीं सोचती मुझे इनको तरह बनना है या इसके जैसे करना है नहीं मुझे उससे भी आगे जाना है

### • What I have learnt today

हम जो किसी को सिखा रहे उसे पूरा सिखाओ बच्चे के अन्दर डालो किसी भी तरीके से

### • What one thing I would like to change in me

मैं अपनी teaching में change लाऊंगी और अच्छे से बच्चों को सिखाऊंगी।

School Name: A.I.C College Contact no. \_\_\_\_\_ E-mail ID: \_\_\_\_\_

Name: Shaba Rizvi Designation: \_\_\_\_\_

Teacher's Reflection and  
Resolution



7

दैनिक जनवाणी मेरठ, मंगलवार, 1 अक्टूबर 2019

## इनबोक्स छात्रों को नि:शुल्क किताबों का किताब वितरण



मोदीपुरम: माई लाइफ फाउंडेशन मेरठ के लक्ष्यबान में नीलकण्ठ इंस्टीट्यूट ऑफ टेक्नोलॉजी मेरठ में ऑरिटेडिगन मेरठ की निदेशक भावना शर्मा एवं प्रमुख शिक्षा विद डा. दिनेश चन्द्र शर्मा ने किया। इस अवसर पर उन्होंने कक्षा शिक्षा का प्रचार-प्रसार करने उनकी लक्ष्य का प्रमुख उद्देश्य है। इस अवसर पर उन्होंने विभिन्न विषयों की लगभग 500 पुस्तकों का वितरण किया। इस अवसर पर इंस्टीट्यूट के निदेशक डा. एकज केशरी ने सभी अतिथियों का आभार व्यक्त किया। इस दौरान बालक शर्मा, अभिषार शर्मा, अरुण कुमार, अमरीश कुमार, आदि मौजूद रहे।

Book Drive at  
Neelkanth Institution

MEMORANDUM

मंगलवार • 23.04.2019

mycity

amarujala.com

अमर उजाला

### स्कूल में किताबों का फ्री वितरण

मेरठ: माई लाइफ फाउंडेशन के लक्ष्यबान में अक्टूबर इंटर कॉलेज कॉलेजी के लक्ष्य का प्रमुख उद्देश्य है। इस अवसर पर उन्होंने कक्षा शिक्षा का प्रचार-प्रसार करने उनकी लक्ष्य का प्रमुख उद्देश्य है। इस अवसर पर उन्होंने विभिन्न विषयों की लगभग 500 पुस्तकों का वितरण किया। इस अवसर पर इंस्टीट्यूट के निदेशक डा. एकज केशरी ने सभी अतिथियों का आभार व्यक्त किया। इस दौरान बालक शर्मा, अभिषार शर्मा, अरुण कुमार, अमरीश कुमार, आदि मौजूद रहे।

### दैनिक जागरण

दो स्कूलों में बच्चों को फ्री किताबें

मेरठ: माई लाइफ फाउंडेशन की ओर से मेरठ में अक्टूबर इंटर कॉलेज कॉलेजी के लक्ष्य का प्रमुख उद्देश्य है। इस अवसर पर उन्होंने कक्षा शिक्षा का प्रचार-प्रसार करने उनकी लक्ष्य का प्रमुख उद्देश्य है। इस अवसर पर उन्होंने विभिन्न विषयों की लगभग 500 पुस्तकों का वितरण किया। इस अवसर पर इंस्टीट्यूट के निदेशक डा. एकज केशरी ने सभी अतिथियों का आभार व्यक्त किया। इस दौरान बालक शर्मा, अभिषार शर्मा, अरुण कुमार, अमरीश कुमार, आदि मौजूद रहे।



Book Drive Coverage  
of Village Schools





TOGETHER  
ON THE JOURNEY..



**N.P. Jain**, *Chairman Vaani School  
and Research Centre  
(For Deaf and Mentally Challenged Children)*



**Rajiv Kumar**, *Co-ordinator  
D.M.G. Inter College  
(School Partners with My life)*



**Dr. R.K. Singh**, *Principal  
D.M.G. Inter College  
(School Partners with My life)*



**Devendra Kumar**, *Director  
Adarsh Bal Vidhaliya*



🌻 We are extremely grateful to My Life Foundation for extending wonderful support to Vaani School and Research Centre for Faculty Development programmes, conducting summer camps and support the school for services. My Life Foundation is doing a great job to support and enhance the education system for the underprivileged. We are thankful to the director for all kind of support.

🌻 It is a great opportunity to be the part of My Life Foundation. To team up with My Life will always be a pleasure. We will get a chance together to work better in the field of education.

🌻 We feel privileged to join hands with My Life Foundation we work together to enhance the teaching learning system in our school. School shall always Co-operate and Co-ordinate with My Life for sustainable relationship in order to nurture the community.

🌻 We are overwhelmed by the support of My Life Foundation. The dynamic team of My Life helps us to support the overall development of school. Teachers training programmes have brought positive change in school growth.



**Manjoor Ahmad**, *Former Vice Chancellor  
Agra University, Subharti University*



**Mrs. Deepa Sharma**, *Principal  
Adarsh Bal Vidhaliya*



**Shivani Chaudhary**, *Dietician and Member  
In association with (My Life Foundation  
13 years)*



**Vikas Towari**, *Engineer/Teacher  
In association with (My Life Foundation  
8 years)*



Services rendered by My Life Foundation are very philanthropic and authentic. I have experienced the various engagements with the foundation. Understanding the need of the community in the right direction is the basis show of the foundation. The special feature, what I was touched by the up-holding the services for differently abled people. I feel honoured to be the part of the events and give all blessings to the My Life team.



The kind support by My Life brings the real growth to our School. All the teachers and student often get teaching and learning enhancement sessions by the special teachers from My Life. We are thankful and grateful to them.



I feel proud being the member of My Life Foundation. It has given me chances to prove my learning and help the people around in terms of health awareness and education.



I have been associated with My Life Foundation since years. The amount of energy and positivity that I get while working with My Life Team can't be expressed. Extending hands to learners gives the positive vibes and immense satisfaction.

**Ankur Sharma, Co-ordinator**  
*Adarsh Bal Vidhaliya*



**Desh Pal Singh, Principal**  
*Netaji Subash Academy*



**Usha Sharma, Teacher/Volunteer**  
*In association with (My Life Foundation  
8 years)*



**Dr. Pankaj Kumar, Director**  
*National Institute of Technology*



🌸 Education certainly determines the quality of an individual's life. Education improves one's knowledge, skills and develops the personality and attitude. This we have learnt from. My Life Foundation Since last eight years My Life Foundation is offering unconditional services to Adarsh Bal Vidyalay.

🌸 Book Distribution, Child Sponsorship and Teachers Training by My Life Foundation is an incredible contribution for Netaji Subash School. We are honoured to have them as our working partners. We wish to have a long term relationship and work for the betterment of society.

🌸 Joining My Life was a boon. A Gateway to know self and serve others selflessly. The kind support to under privileged students of education department has left a positive impact.

🌸 Educate for life is a amazing project of My Life Foundation. Under book drive My Life Foundation support our students by distributing free books. We are thankful to the foundation for the support to under privileged students. Wish to have a long-term association.



**Narsis**  
*Trainee*



🌻 A regardful thanks to My Life Foundation to accept me as I am. I can't hear, I can't speak but I can feel, think and reflect. My Life Foundation has given me a chance to grow. In My Life I am trained for Desktop Publication. Their priceless effort has helped me built my confidence.

**Chahat Sharma**  
*Member/Co-ordinator*



🌻 Being the part of My Life Foundation has changed life. Working for the students, teachers and society gives the satisfaction to great level. It is also a learning platform to contribute.

**Pawan Kumar Pal**  
*Mentor/Volunteer*



🌻 Association with My Life Foundation is a charm of life. We get to see the real life situations of present era and great opportunities to play an important role in supporting live. My Life contribution to bring change and we are priviledged to be the part of it

**Sandeep Sharma**  
*Mentor/Volunteer*  
*In association with My Life Foundation 5 years*



🌻 Being the part of My Life, we get many opportunities to serve the community specially working for education and girl child.



# FINANCIAL PERFORMANCE

Note: Balance Sheet & Audit Report of F/Y 2019-20 to be uploaded....